

## Warren County

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### Community Health Needs Assessment Snapshot

#### Promote Healthy Behaviors

##### Problems/Needs:

- Overweight/Obesity: Children
- Binge Drinking
- Cigarette Smoking
- Family Planning Services
- Overweight/Obesity: Adults

#### Prevent Injuries

##### Problems/Needs:

- Suicide Death Rate
- Motor Vehicle Accident rate

#### Protect Against Environmental Hazards

##### Problems/Needs:

- Hospitalizations due to Asthma
- Affordable, accessible and safe Housing

#### Prevent Epidemics and the Spread of Disease

##### Problems/Needs:

- Did not get flu vaccination – adults
- Increase in Chlamydia infections

## Prepare for, Respond to, and Recover from Public Health Emergencies

### Problems/Needs:

None identified

## Strengthen the Public Health Infrastructure

### Problems/Needs:

- Stakeholders believe access to health care is available in Warren County but fails to meet needs adequately. Partners commented the access to health care is "Pretty good for children but need more for adults. Would like to see OB local."
- Lack of knowledge regarding behavioral health services
- Lack of available treatment for Level 1 services
- Lack of Elder/Adult Daycare
- Transportation to any service needed is a problem
- Need a central place to get information for services the public may be seeking regarding all aspects of health and wellness including physical, mental, sexual or spiritual needs together with potential financial resources which may assist a person/family in obtaining and utilizing these resources.

## Community Health Improvement Plan

Goal	Strategies	Who is responsible?	When? (Timeline)
Reduce the Adult Obesity rate to 25-30% range from current 31-32%% range in Warren County	Partner with Iowa State Extension office to consider completing a walkability assessment of various communities in Warren County	Public Health/WC Extension office	12/1/11
	Collaborate with local chamber offices to survey Local businesses to collect information about current wellness programs run by employers in Warren County	Public Health/Local Chamber offices	11/1/2011
	Explore more opportunities to work with local fitness centers to hold community events such as "Biggest Loser" competitions.	Public Health	1/31/2012
	Introduce a "screening" type of event in at least two communities to assess BMI, Blood sugar, Blood Pressure and provide written materials with interventions to address any problem areas.	Public Health and other CHNA-HIP partners	1/31/2012
	Explore the opportunity to expand the current locations and healthy food choices at local farmers markets	CHNA HIP coalition	1/31/2012
	Promote physical activity by working with local Parks and Recreation departments/citizen coalitions in our communities to offer low cost/no cost physical activities in each community.	CHNA HIP coalition	1/31/2012
	Offer additional nutrition education in our communities and through local employers to those who express an interest.	Public Health/CHNA HIP coalition	1/31/2012
	Collaborate with local and state partners in attempt to have a NEMS (Nutrition Environment Measures Survey) completed in our county.	CHNA HIP coalition	1/31/2012
	Explore opportunities to apply for healthy communities grants for our communities for additional nutritional education, environmental enhancements, screenings or physical activity enhancements for the population of Warren County.	Public Health and other CHNA-HIP partners	1/31/2012

Goal	Strategies	Who is responsible?	When? (Timeline)
Increase the amount of physical activity in children in Warren County to have an effect in lowering the overall obesity rate in our county.	Encourage and measure participation in the physical activity program VERB in all Warren County communities during the summer of 2011.	VERB Action Committee	10/1/11
	Increase support for breastfeeding through introduction of a breastfeeding support program in Warren County	Public Health	1/31/2012
	Advocate for decreased screen time in schools and daycare centers by offering education regarding the benefits of limiting screen time for all children in their care including ideas for replacement activities for this time.	Public Health - Child Care Nurse Consultant	1/31/2012
	Explore safe walk to school programs to introduce to our communities, assist those who wish to pursue a walk to school program with set up of such program if volunteers/funding is made available.	Public Health and CHNA HIP Coalition	1/31/2012
	Place MyPyramid.gov, or like nutritional site link, onto the Public Health website and promote this on brochures, flyers etc.	Public Health	1/31/2012
	Explore opportunities to apply for healthy communities' grants for our communities for additional nutritional education, environmental enhancements, screenings or physical activity enhancements for the population of Warren County.	Public Health and CHNA HIP Coalition	1/31/2012

Goal	Strategies	Who is responsible?	When? (Timeline)
Increase Family Planning/Pregnancy Prevention resources in our Community to decrease teen pregnancy in Warren County.	Increase frequency of education in our community regarding Contraception/Family Planning, Pregnancy/Birth, Safer Sex, Self-Esteem, Teen Pregnancy Prevention and Life Options Skills through the use of already established education programs available to Warren County residents.	Public Health Department and other educators	1/31/12
	Provide nontraditional (out of Dr. office) site for accessibility to safe and effective contraceptives for young men and women in Warren County.	Public Health	1/31/2012
	Work with the local Maternal Health and WIC providers to obtain information from young mothers regarding resources they believe would be beneficial for them regarding Family Planning/Pregnancy Prevention.	Public Health Maternal Program Staff	1/31/2012
	Create a brochure for home visiting programs to provide to families with information regarding the educational and contraceptive resources in our communities.	CHNA HIP Family Planning/Pregnancy Prevention Sub group	1/31/2012